

Society Page

Lisa Boalt Richardson Offers a Fresh Look on Modern Tea

You can usually find Award Winning Author and Certified Tea Specialist Lisa Boalt Richardson sipping tea no matter what time of day it is. Her philosophy is “teatime is anytime and all the time”. Lisa’s friendly approach to writing and teaching others about this ancient beverage is refreshing.

Her highly anticipated third tea book, *Modern Tea: A Fresh Look at an Ancient Beverage*, published by Chronicle Books has just been released and is an exquisite guide to exploring tea’s history, essential terms and definitions, and focuses on a deeper appreciation of tea in many ways. Her first and second books: *Tea with a Twist* and *The World in Your Teacup*, each just as exquisite as the new book, feature cooking and entertaining and celebrating tea traditions.



Lisa has traveled the globe working with tea masters and researching to learn more about the second most popular beverage in the world (water being first). Tea is a drink that has taken beverage connoisseurs by storm. Similar in complexity to wine, tea is a multidimensional drink with many facets to be explored and understood. *Modern Tea* will lead you to discover how to use tea in your everyday life, from shopping, storing, steeping, and tasting to using tea in pairings, cooking, cocktails, home health remedies, and more. Whether you are a tea rookie or a tea guru, *Modern Tea* is the ultimate guide to help you realize that, yes, this is your cup of tea while immersing yourself in the essential knowledge normally required of a bona fide tea sommelier.

Ms. Richardson is an experienced and lively presenter and specializes in Entertaining with Tea, Tea & Food Pairings, Tea Health Benefits, Cooking with Tea, Tea 101 & 102, Tea Tastings, Tea History, and Tea & Etiquette. She recently presented a tea and chocolate pairing to the Mid-Atlantic Tea Business Association at their quarterly meeting. It was lively, informative, interactive, fun, enjoyable, and best of all – delicious! It is surprising what your taste buds will tell you and more importantly teach you while pairing and comparing foods and tea.

Ms. Richardson has contributed her tea expertise and recipes to numerous tea and cooking publications. Lisa has also been interviewed by several major news stations and regularly speaks at conferences and special events focusing on her culinary arts and specialty tea expertise. She also consults with companies wanting to learn more about specialty tea. For more information, visit www.lisaknowstea.com. Lisa is also a guest blogger for The Tea House Times - her posts may be found by visiting <http://lisa.theteahousetimes.com>



Modern Tea: A Fresh Look at an Ancient Beverage

7 x 8 in; 164 pp; Hardcover; October 2014

ISBN 9781452112299

See: <http://www.ChronicleBooks.com>

by Lisa Boalt Richardson (Georgia).

Photographs by: Jenifer Altman (NYC)

